

Strawberry Chia Pudding

Ingredients

2 cups milk
1/2 cup chia seeds
1/4 cup sugar
1/2 tsp vanilla
1/2 cup strawberries blended (double for layering)

Directions

Stir all ingredients together. For a smoother texture blend in blender. Place in bowl and refrigerate 4 hours or overnight. May also pour into individual dishes before refrigeration.

