

100% Fruit Ice Cream

Ingredients

1-1/2 Bananas, cut into chunks and frozen

½ cup frozen strawberries (or fruit of choice)

Flavorings such as vanilla, cinnamon, cloves, as desired

Add-ins chocolate chips, nuts, etc. (optional)

Instructions

Place frozen bananas in food processor. Blend until bananas start to come together and are smooth. Add in frozen strawberries (or other fruit). Blend until smooth and the consistency of soft serve ice cream. Scrape down bowl with spatula occasionally to keep blade blending. Alternately blend bananas until smooth. Cut fruit into small pieces and stir into bananas.

The frozen mixture freezes nicely, so this can be made in advance and served later.

